

Recreational Drug Information

Here's how you can recognize an overdose, and how you can help.

Drug combinations are dangerous, particularly with depressants like alcohol, opiates and benzodiazepines. Any upper+upper combination is also a serious concern.



Call EMS if the person displays any of the following symptoms:

Is unconscious & cannot be roused.

Breathing less than 8 or more than 20 times / minute

Pulse is above 120 or below 60 per minute

Vomiting while unconscious or semi-conscious.

Define Reality. Reduce stimuli.

Reassure the person that drug effects will wear off. Set example of being relaxed & in control. Stay with the person until they regain control & drug effects have ended. Offer them a glass of water.

Keep the person awake; contact Fr33 Aid and/or EMS.

If Fr33 Aid is set up near you, we will help you get to the nearest medical facility if necessary or provide first aid care as needed.

For overdose scenarios:

Establish a relationship. Ask for permission to help.

Find out what drugs were taken and when.

Check ABC's (Airway - Breathing - Circulation).

Move the person into the Recovery Position (see image), if vomiting.

IMPORTANT

An unconscious or convulsing person needs immediate medical attention, regardless of the legal consequences that might follow for anyone involved. The caregiver should try to demand ingestion history from people nearby, provide airway and anti-injury support and tell someone else to call EMS simultaneously.

If the person is vomiting and unconscious or semi-conscious, move him or her into the recovery position and monitor their ability to breathe while you contact Fr33 Aid and/or EMS.

You can also contact a poison control center at 1-800-222- 1222 for further advice.

Recovery Position



For additional information, see <http://dancesafe.org>.

Alcohol (beer, wine, liquor)

Symptoms: mood swings, impaired motor skills, slurred speech, rapid pulse, vomiting, coma, respiratory failure. Keep the person awake & moving.

Amphetamines ([meth]amphetamine, "crystal", "ice", speed, meth)

Symptoms: excitement, dilated pupils, agitation, tremors, fever, rapid / irregular pulse, delirium, hallucinations, convulsions, coma.

Benzodiazepines (Ativan, Valium, Xanax, Rohypnol/"roofies")

Symptoms: drowsiness, confusion, slowed reflexes, impaired coordination, dizziness, coma.

Cocaine (crack, rock, freebase)

Symptoms: agitation, confusion, nausea, vomiting, anxiety, hallucinations, rapid / irregular heartbeat and breathing, cardiac arrest. Reduce stimuli as much as possible.

Dissociatives (Ketamine/"K", Special K, PCP, angel dust, sherms)

Symptoms: blank stare, rapid pulse, vomiting, muscular rigidity, anesthesia, convulsions, stroke, respiratory failure, hives.

Opiates (codeine, heroin, morphine, oxycontin)

Symptoms: drowsiness, shallow breathing, muscular flaccidity, pinpoint pupils, slow pulse, cold / clammy skin, unconsciousness, respiratory failure.

Marijuana (marijuana, hashish)

Symptoms: disorientation, rapid pulse, panic.

MDA, MDMA (Ecstasy, molly) Symptoms:

drowsiness, confusion, slowed reflexes, impaired coordination, dizziness, coma.

Hallucinogens (psilocybin/"shrooms", DMT, DXM, LSD/"acid")

Symptoms: hallucinations, delusions, anxiety, hives (DXM).

Fr33 Aid.com

Helping each other to advance a Voluntary society.